

## Farmers Market

I love farmers markets—I love talking to people and exposing them to new, surprising vegetables and teaching them how to use them. My favorite has always been in West Seattle, so that's where I'll be on Sundays, early April through December.

## U-Pick Flowers

Every year I plan a u-pick garden for the CSA members, but it hasn't always been successful. I am working hard on making this a reality for 2020 by hiring additional help to guarantee that it is maintained. Part of this plan is opening it up to our farm stand customers as well, for a fee.

## Blog

I publish a blog on the farm website. The posts include a list of what produce is included in the share for that week, news and photos from the farm, and recipes to help you in cooking anything new or unusual.



### Whistling Train Farm

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Kent, WA 98032  
253.859.5197

[www.whistlingtrainfarm.com](http://www.whistlingtrainfarm.com)

**Please contact us if you have any questions or to pay by Credit Card.**

Find us on Instagram and Facebook.

## Are We Organic?

I believe in growing organically—for our family and for yours. I used to be certified organic with the WSDA, but felt it was no longer a good fit for the farm when the USDA Organic program took effect.

I don't need government approval,  
I want yours.

**No chemicals of any kind  
are used on this farm.**

### Tentative Crop Availability Plan

VEGETABLES	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	JAN
Artichokes										
Basil										
Beans, Snap										
Beans, Shell										
Beets										
Broccoli										
Brussels Sprouts										
Cabbage										
Carrots										
Cauliflower										
Sweet Corn										
Cucumbers										
Eggplant										
Fava Beans										
Fennel										
Garlic										
Kale										
Leeks										
Lettuce										
Mustard Greens										
Onions										
Parsnips										
Peas										
Peppers										
Potatoes										
Pumpkins										
Radicchio										
Radishes										
Rutabagas										
Shallots										
Spinach										
Summer Squash										
Winter Squash										
Swiss Chard										
Tomatoes										
Turnips										

In addition to the items listed, we will have many standard & gourmet vegetables available seasonally, including but not limited to: Squash Blossoms, Pickling Cucumbers, Rapini, Bok Choi, Edible Flowers, Radish Pods, Green Onions, Dill, Cilantro, Sorrel, and many others. See our website for more.

# Farm-Fresh Food, From our Family to Yours!



It's a brand new season!

Join us for a big, new year of delicious, fresh produce and share in our second year of farm ownership.

Enroll soon

Limit 75 families.

## 2020 Season

I have been farming for over 20 years. My farm lies in the fertile Green River Valley, home of some of the finest agricultural soil in the country. A lot can change in 20 years, and the farm has grown in many ways since starting out on just a couple of acres in the late 1990's. The CSA has been as large as 200 families, and as small as 25. We started out going to one farmers market, and have done as many as three throughout a season. But in 2017, I downsized to focus on our family and farm dreams. I will be cultivating only 5 acres this year, down from 20 in 2016. The CSA will revolve around only 75 families, down from 120, and I will be selling at only one farmers market this season: West Seattle. I have an established 36-week harvest season—early April through the end of December.

I choose to grow a lot of things that you can't find in the grocery store. I have always enjoyed exploring new varieties as well as improving on the standards. I want you to enjoy new foods, or at the very least, to break out of the grocery store box. Of course, I grow broccoli, carrots, and over 100 other crops, too, but not like what you've had from the supermarket. My produce takes longer to grow because I don't use as much water as the conventional farms, and I use slower-acting, organic fertilizers and growing methods. The result—premium flavor and, I believe, better health.



### CSA

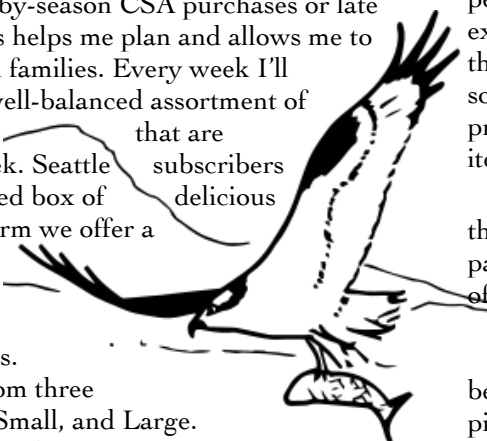
My CSA is full-season only—early April through the late December. That means that subscribers commit to the entire 36-week season all at once. I don't offer season-by-season CSA purchases or late commitments. This helps me plan and allows me to focus on 75 special families. Every week I'll assemble a tasty, well-balanced assortment of the various items that are harvested that week. Seattle subscribers receive a pre-packed box of items, but at the farm we offer a "market-style" setup

with lots of choices and options. You can choose from three share sizes: Mini, Small, and Large.

I'm looking forward to continuing to push the boundaries in both seasonality and interesting varieties. There are so many food crops out there to try! And, with the aid of many greenhouses now, I can have peas, carrots, lettuce, and more extra early in the season!

### Fruit and Eggs

I am no longer offering fruit and egg subscriptions, but we will have them available in our honor-system farm stand beginning in May.



### Mystery Boxes

Most crops start producing at a fraction of the amount that they will produce at their peak harvest. We also do a lot of experimenting with potential crops that we hope to grow in abundance someday. We often have small amounts of various produce and haven't had a good way to utilize those items. Thus the Mystery Box was born!



Mystery Boxes can be purchased individually as they are offered, Watch for announcements! We'll pack the Mystery Boxes when we have an abundance of exciting things to put into them.

All boxes will come with a list of contents and will be priced at \$30 each. If a standard weekly CSA pickup isn't your cup of tea, try a monthly Mystery Box subscription instead!

### Farm Stand



By popular demand, I am bringing back the farm stand. Hours will be determined in the spring, but an honor-system farm stand will be open every day except Saturday and Tuesday, and I hope to bring-in fruit from our farmer friends in addition to stocking our own farm vegetables and herbs.

## I Want to Join the Farmily!

NAME \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

CITY, ZIP \_\_\_\_\_

DAYTIME PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

I understand that there is some risk involved in this farming endeavor. But I believe that my farmers will do their best to provide all they have promised and I agree to excuse them for any mishaps that might trip them up, including bad weather and insect pests.

### OUR CSA SEASON IS 36 WEEKS LONG:

**Early April – Late December:**

Pay in three equal installments at no extra charge (December 15, January 15, and February 15) **Must be paid in full by February 15, 2020!**

**DON'T DELAY!  
THERE ARE ONLY 75 SPACES AVAILABLE!**

- \$700 for a weekly Mini Share \$ \_\_\_\_\_  
(\$200 deposit, balance paid by 1/31/2020)
- \$1,000 for a weekly Small Share \$ \_\_\_\_\_  
(\$350 deposit, balance paid by 1/31/2020)
- \$1,800 for a Large Share \$ \_\_\_\_\_  
(\$500 deposit, balance paid by 1/31/2020)

*Most of our farming expenses occur long before we have anything to harvest. Most of our bills for seed, fertilizers, and repairs arrive January through April. The earlier you pay us, the more it helps.*

### I want my produce delivered to a drop-site:

Add for \$55 for Neighborhood Delivery \$ \_\_\_\_\_

- Columbia City  Capital Hill  North Seattle
- U District  \_\_\_\_\_

**GRAND TOTAL:** \$ \_\_\_\_\_

### I want to pick-up my produce: (no charge)

- At the Farm on Tuesdays
- At the Farm on Saturdays
- At the West Seattle Farmers Market(Sundays)